



Results

20 March 2023

**2121 Long Jump : T36, T38 u20 (1096, 1098)**

Athlete		Team	Place	Performance	Table point	Wind	H/E
GPS015	364 w T38 William BISHOP	GAPS	1	4.43	108	-1.4	E
GPS016	365 w T38 Ashton FISH	GAPS	2	4.31	77	-0.4	E
WCP067	586 c T36 Daylan SMITH	Western Cape Province	3	3.22	8	0	E
GAU101	325 B T38 Lulekani KALASHE	Gauteng Province	4	2.81	0	-1.4	E
GAU092	320 B T36 Unathi MAGQAZANA	Gauteng Province	5	00:00.00 DNS	0		E

**2122 Long Jump : T37 u20 (1097)**

Athlete		Team	Place	Performance	Table point	Wind	H/E
GAU094	321 B T37 Mzukisi NDZIMAKWE	Gauteng Province	1	4.52	213	0.5	E
GPS014	363 w T37 Tomi ROBERTS-JONES	GAPS	2	4.39	162	-0.3	E
GAU095	322 B T37 Siyabonga MAZIBUKO	Gauteng Province	3	4.03	60	-0.5	E
GAU096	9290 w T37 Benno SCHOEMAN	Gauteng Province	4	3.61	10	-0.2	E
GAU098	9291 B T37 Tiisetso WAYITI	Gauteng Province	5	3.25	1	-0.5	E
GAU097	323 B T37 Kabelo MOLEMA	Gauteng Province	6	3.02	0	-1.2	E
GAU099	9292 w T37 Leonjan PRINSLOO	Gauteng Province	7	2.77	0	-0.3	E

**2123 Long Jump : T13, T44, T46, T61, T64 u17 (456, 467, 470, 1944, 1946)**

Athlete		Team	Place	Performance	Table point	Wind	H/E
GAU066	284 w T64 Jayden VAN HEERDEN	Gauteng Province	1	4.40	0	-0.6	E
GAU065	283 B T61 Kitso MOLOKOMETSA	Gauteng Province	2	2.93	0	-0.8	E
GPS013	362 B T46 Benedict Opoku ABEBE	GAPS	3	4.93	0	-0.2	E
FSP025	227 w T13 PJ KLOPPER	Free State Province	4	4.90	0	-0.3	E
LIM030	396 B T13 Tebogo NKUNA	Limpopo Province	5	4.41	0	-0.6	E
GAU059	279 B T13 Vuyani SICHOLO	Gauteng Province	6	00:00.00 DNS	0		E

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**2172 400m : T13, T46, T64, T47 u14, u17, u20 (519,522,570,597,603, 604)**

Athlete		Team	Place	Performance	Table point	Wind	H/E
GAU100	324 B T37 Thato NKOBORE	Gauteng Province	1	00:64.19	177		E
GAU066	284 w T64 Jayden VAN HEERDEN	Gauteng Province	2	00:63.70	0		E
GAU047	269 B T46 Thabo MAJE	Gauteng Province	3	00:89.70	0		E
GAU104	326 B T46 Thato MTHEMBU	Gauteng Province	4	00:00.00 DNS	0		E

**2173 400m : T11 u20, Open (592, 634)**

Athlete		Team	Place	Performance	Table point	Wind	H/E
NAM019	445 B T11 Ananias SHIKONGO	Namibia	1	00:54.13	731		E
NAM013	440 B T11 Chris KINDA	Namibia	2	00:56.12	585		E
LES004	386 B T11 Zimesele KHAMOQANE	Lesotho	3	00:61.20	228		E

**2174 400m : T12 u20 (593)**

Athlete		Team	Place	Performance	Table point	Wind	H/E
LIM032	397 B T12 Masala MAKATU	Limpopo Province	1	00:56.29	445		E
WCP082	596 B T12 Abulela YEKANI	Western Cape Province	2	00:61.23	135		E
WCP076	591 w T12 Matthew VAN RHEEDE	Western Cape Province	3	00:68.20 DQ	5		E
WCP043	565 B T12 Uya MAWISA	Western Cape Province	4	00:00.00	0		E

**2175 400m : T12 Open (635)**

Athlete		Team	Place	Performance	Table point	Wind	H/E
ECP022	187 c T12 Jaco SMIT	Eastern Province	1	00:51.64	795		E
NAM015	441 B T12 Christopher MARUNGU	Namibia	2	00:56.47	431		E
WCP048	570 B T12 Andile NTAME	Western Cape Province	3	00:00.00 DNS	0		E



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**2176 400m : T13 u17, u20 (594, 604, 552)**

	Athlete	Team	Place	Performance	Table point	Wind	H/E
MPU002	435 w T47 Collin-Lee HARTY	Mpumalanga Province	1	00:53.16	699		E
WCP070	588 B T13 Sipiwee STOFIE	Western Cape Province	2	00:56.12	431		E
WCP010	535 c T13 Curtley BLAAUW	Western Cape Province	3	00:60.62	146		E
WCP058	578 c T13 Elijah REZANDT	Western Cape Province	4	00:64.07	39		E
WCP012	537 B T13 Tadiwanasi CHIPERE	Western Cape Province	5	00:66.05	0		E
GAU091	319 B T13 Lesego MAFOBOKOANE	Gauteng Province	6	00:00.00 DNS	0		E
FSP019	599 B T13 Thabo Swarts	Free State Province	7	00:00.00 DNF	0		E

**2177 400m : T13 Open (594)**

	Athlete	Team	Place	Performance	Table point	Wind	H/E
NAM018	444 B T13 Johannes NAMBALA	Namibia	1	00:51.24	801		E
WCP011	536 w T13 Daniel BRIERS-LOUW	Western Cape Province	2	00:54.06	593		E
KZN005	380 B T13 Sbonelo SHANGE	KwaZulu-Natal Province	3	00:00.00 DNS	0		E

**2178 400m : T35,T37,T38 Open (637,639,640)**

	Athlete	Team	Place	Performance	Table point	Wind	H/E
NAM016	442 B T37 Petrus KARULI	Namibia	1	00:55.42	764		E
WCP025	548 c T38 Luke JACOBS	Western Cape Province	2	00:65.53	84		E
WCP052	573 c T37 Aiden PARENZEE	Western Cape Province	3	00:68.86	34		E
GAU126	344 w T38 Abraham LOUW	Gauteng Province	4	00:00.00 DNS	0		E
GAU122	341 B T37 Refilwe MOSIFANE	Gauteng Province	5	00:00.00 DNS	0		E
GAU120	339 B T35 Tshegofatso LEKGOTHO	Gauteng Province	6	00:00.00 DNS	0		E
GAU121	340 B T35 Isaac Nhlanhla MBENE	Gauteng Province	7	00:00.00 DNS	0		E

**2179 400m : T11, T12, T46,T47 u14, u17, u2, Open (498,572,583,613,540)**

	Athlete	Team	Place	Performance	Table point	Wind	H/E
NAM006	438 B T11 Lahja ISHITILE	Namibia	1	00:63.03	688		E
NAM002	437 B T12 Lahja IPINGE	Namibia	2	00:62.63	613		E
FSP001	191 w T11 Louzanne COETZEE	Free State Province	3	00:66.97	460		E
NAM001	436 w T46 Lize MEYER	Namibia	4	00:66.01	0		E
GAU022	250 B T47 Mbali DHLAMINI	Gauteng Province	5	00:00.00 DNS	0		E

**2180 400m : T37, T38 Open (618, 535)**

	Athlete	Team	Place	Performance	Table point	Wind	H/E
LIM010	390 w T37 Sheryl JAMES	Limpopo Province	1	00:66.62	830		E
NWP031	486 w T37 Liezel GOUWS	North West Province	2	00:69.42	696		E
WCP061	580 c T37 Kaylynn SCHOLTZ	Western Cape Province	3	00:83.75	84		E
GPS003	356 w T38 Rosie PORTER	GAPS	4	00:71.80	0		E

**2181 400m : T51, T52, T54 Open (647,648,650)**

	Athlete	Team	Place	Performance	Table point	Wind	H/E
GAU130	348 w T51 Nicolas Pieter DU PR	Gauteng Province	1	00:86.76	634		E
GAU132	349 B T54 Joel ADESANYA	Gauteng Province	2	00:74.51	0		E

**2182 400m : T61,T62, T63 Open (651,652,653)**

	Athlete	Team	Place	Performance	Table point	Wind	H/E
GAU133	350 B T61 Ntando MAHLANGU	Gauteng Province	1	00:51.72	819		E
WCP016	541 w T62 Paul DANIELS	Western Cape Province	2	00:52.35	497		E
NWP028	483 B T62 Tebogo MOFOKENG	North West Province	3	00:54.19	350		E
GAU134	351 B T63 Puseletso MABOTE	Gauteng Province	4	00:61.85	131		E
WCP018	542 w T62 Daniel DU PLESSIS	Western Cape Province	5	00:00.00 DNS	0		E

**2170 5000m : T13, T37, T46 All (1935,1936,1937)**

	Athlete	Team	Place	Performance	Table point	Wind	H/E
GAU129	347 B T46 Lungiselelo Wayne ND	Gauteng Province	1	00:00.00 DNS	0		E
GAU124	343 B T37 Barend BRITZ	Gauteng Province	2	00:00.00 DNS	0		E
ECP025	190 w T13 Tim STONE	Eastern Province	3	00:00.00 DNS	0		E



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**2184 Club Throw : F32 Open (307)**

	Athlete	Team	Place	Performance	Table point	Wind	H/E
FSP011	197 w F32 Ernest LUBBE	Free State Province	1	20.46	292		E

**2185 High Jump : T13, T46, T42, T46 u17, u20, Open (347,376,396,400)**

	Athlete	Team	Place	Performance	Table point	Wind	H/E
FSP012	198 B T46 Khumo PITSO	Free State Province	1	1.85	702		E
FSP025	227 w T13 PJ KLOPPER	Free State Province	2	1.65	0		E
KZN010	382 B T46 Qiniso MHLOPHE	KwaZulu-Natal Province	3	00:00.00 DNS	0		E